

SUMMER PROGRAM 2009
JULY 13 - AUGUST 21

TO REGISTER VISIT...

<https://www.thestudiodirector.com/allegrodanceonline/register.jsp>



ALL CAMPS include 2 hours of class per day, crafts and healthy snacks. Parents and friends may come a ½ hour early on Friday for a performance. Camps are \$160 each.

**Register online by June 1, 2009 and save \$10.00! Register for 3+ camps per family and save \$20 per camp!*

ALL CLASSES meet for 6 weeks. We will have a showcase the last 15 minutes of class on the last day. Class prices (per family) are as follows:

1st Class = \$90

2nd Class = \$75

3rd Class and every one thereafter = \$60

Budding Ballerinas & Pre-Ballet/Pre-Tap Classes are \$66 per 6-week session.

COMPANY DANCERS are required to attend dance classes during the summer if they are not attending a summer intensive elsewhere. Classes run for 6 weeks, but you are excused twice from each class to accommodate for vacations and other summer plans. Requirements are as follows:

PETITES...Any Camp (or Class) & Petite Company Rep.

MINIS...Ballet 3, Mini Company Rep., & 1 elective (Hip Hop 3, Musical Theatre 3, or Tap 3)

JUNIORS...Ballet 5, Junior Company Rep., Stretch & Strength 5 & 1 elective (Hip Hop 4/5, Tap 4/5, Lyrical 4/5 or Leaps & Turns 4/5)

SENIORS...Ballet 6, Senior Company Rep., Stretch & Strength 6 & 1 elective (Hip Hop 6, Tap 6, Lyrical 6, Pointe or Leaps & Turns 6)

ATTIRE:

Girls...Leotard, appropriate footwear, tights and/or shorts (optional)

Boys...Shorts, t-shirt, appropriate footwear

Adults...Comfortable clothing and appropriate footwear



BUDDING BALLERINAS

Ages 3 & 4

Session A: Mondays July 13 – August 17 9:30 a.m. - 10:15 a.m.

Session B: Wednesdays July 15 – August 19 9:30 a.m. - 10:15 a.m.

Session C: Wednesdays July 15 – August 19 4:30 p.m. – 5:15 p.m.

Budding Ballerinas is a delightful first step into the world of dance! Dancers learn ballet positions and steps and grow to love dance through lots of fun movement activities.

PRE-BALLET/PRE-TAP

Ages 4 & 5

Session A: Mondays July 13 – August 17 9:30 a.m. - 10:15 a.m.

Session B: Wednesdays July 15 – August 19 9:30 a.m. - 10:15 a.m.

Session C: Wednesdays July 15 – August 19 5:15 p.m. – 6:00 p.m.

This is a class where four & five year olds grow to love music and dance with creative movement activities that focus on developing coordination, listening skills and rhythm. This class combines fun ballet and tap activities with basic dance movements. We will alternate between ballet and tap each week to give dancers a great introduction to the world of dance.

PRINCESS CAMP

Ages 4 – 6

Mon. July 27 – Fri. July 31 11:00 a.m. – 1:00 p.m.

This magical dance camp will thrill your little princess! We'll dance to the music of Ariel, Jasmine, Sleeping Beauty, Snow White, Cinderella, and Belle. This will be an enchanting week of dance, ribbons, wands and crowns.

MUSICAL THEATRE CAMP

Age 5

Mon. July 20 – Fri. July 24 11:00 a.m. – 1:00 p.m.

Musical Theatre allows dancers to become characters through their dancing - we use musicals like Chicago, Fosse, Wicked, High School Musical, Hairspray, West Side Story, Annie (and many more) to inspire our classes. This class will introduce young dancers to this genre and help them combine their jazz and ballet skills with drama and in some cases, voice.

PRE-JAZZ

Ages 5 & 6

Mondays July 13 – August 17 5:00 – 6:00 p.m.

This fun and funky dance class is a wonderful introduction to jazz dance! Dancers will learn the basics of this awesome style of American dance.

HANNAH MONTANA CAMP

Ages 6 – 8

Mon. August 10 – Fri. August 14 11:00 a.m. – 1:00 p.m.

Want to have the best of both worlds? Then come dance and sing at Allegro! This camp will make your dancer feel like a rockstar!

CHEER DANCE CAMP

Level 2 & 3 Ages 6 – 9 Mon. August 17 – Fri. August 21 11:00 a.m – 1:00 p.m.

Levels 4 & 5 Ages 10 – 13 Mon. August 10 – Fri. August 14 2:00 p.m. – 4:00 p.m

A-L-L-E-G-R-O, Go Allegro! Cheer Dance is an exciting form of dance that combines cheer, dance, jumps and formations to create upbeat routines. Cheer Dance is similar to jazz and hip hop except we place more emphasis on precision and accuracy. If you are looking to try-out for your school's cheerleading or dance team, this class is sure to help you succeed!

HIGH SCHOOL MUSICAL 3 CAMP

Ages 7-9

Mon. August 17 – Fri. August 21 2:00 p.m. – 4:00 p.m.

Go Wildcats! Do you sing and dance along to the awesome tunes of HSM3? Yes! Then this camp is for you!

CAMP ROCK CAMP

Ages 7-9

Mon. July 13 – Fri. July 17 11:00 a.m. – 1:00 p.m.

Rock it out at Allegro's Camp Rock Dance Camp!!! Dance to popular Jonas Brothers hits, be Too Cool with Tess, and of course...sing and dance like Mitchie! Let's not forget to roast some marshmallows at our end of Camp Rockin' Party!

SO YOU THINK YOU CAN DANCE CAMP

Ages 8 – 13

Mon. August 3 – Fri. August 7 11:00 a.m. – 1:00 p.m.

If SYTYCD is your favorite show, this camp is for you! Learn all different dance styles, wear fun costumes, perform in front of "judges" and become an all-around better dancer in this awesome camp!



MUSICAL THEATRE

LEVEL 2 (Ages 6 & 7) Wednesdays July 15 – August 19 6:00 – 7:00 p.m.

LEVEL 3 (Ages 8-10) Mondays July 13 – August 17 4:00 – 5:00 p.m.

Musical Theater allows dancers to become characters through their dancing - we use musicals like Chicago, Fosse, Wicked, High School Musical, Hairspray, West Side Story, Annie (and many more) to inspire our classes. Dancers to this genre and help them combine their jazz and ballet skills with drama and in some cases, voice.

HIP HOP

LEVEL 2 (Ages 6 & 7) Mondays July 13 – August 17 5:15 – 6:15 p.m.

BOY'S ONLY HIP HOP (Ages 6-9) Mondays July 13 – August 17 4:15 – 5:15 p.m.

LEVEL 3 (Ages 8-10) Tuesdays July 14 – August 18 6:45 – 7:45 p.m.

LEVELS 4 & 5 (Ages 11-13) Tuesdays July 14 – August 18 4:30 – 5:30 p.m.

LEVEL 6 (Ages 14+) Tuesdays July 14 – August 18 5:30 – 6:30 p.m.

ADULT HIP HOP (Ages 18+) Mondays July 13 – August 17 6:30 – 7:30 p.m.

Hip-Hop is most likely the most popular dance genre today. It began with breaking, turned into funk, and now we learn about poppin'. Hip-Hop class is a great way to create your unique style and let loose!

LEAPS & TURNS

LEVELS 4 & 5 (Ages 11-13) Thursdays July 16 – August 20 5:00 – 6:00 p.m.

LEVEL 6 (Ages 14+) Thursdays July 16 – August 20 6:00 – 7:00 p.m.

Do you want to nail that triple pirouette? Do you long for an awesome switch leap? Want to learn new types of leaps and turns? Then this class is for you and it will help you get closer to your goals.

BALLET TECHNIQUE

LEVEL 3 (Ages 8-10) Tuesdays July 14 – August 18 5:00 – 6:00 p.m.

LEVELS 4 & 5 (Ages 11-13) Tuesdays July 14 – August 18 6:15 – 7:15 p.m.

LEVEL 6 (Ages 14+) Tuesdays July 14 – August 18 7:15 – 8:30 p.m.

Every dancer knows that ballet is the foundation of a dance. A strong ballerina makes a strong all-around dancer! This class will focus on improving turnout, barre work, petite and grande allegro. Don't miss it!

TAP

LEVEL 3 (Ages 8-10) Thursdays July 16 – August 20 6:15 – 7:15 p.m.

LEVELS 4 & 5 (Ages 11-13) Thursdays July 16 – August 20 7:15 – 8:15 p.m.

LEVEL 6 (Ages 14+) Wednesdays July 15 – August 19 7:00 – 8:00 p.m.

Students learn the syncopated rhythms and styles of tap dancing - past and present. Tap dancing has made a BIG comeback in recent years. Be a part of the craze and improve your musicality and rhythm!

STRETCH & STRENGTH

LEVELS 4 & 5 (Ages 11-13) Thursdays July 16 – August 20 6:15-7:15 p.m.

LEVEL 6 (Ages 14 +) Tuesdays July 14 – August 18 4:45-5:45 p.m.

This class is for dancers looking to maintain their flexibility, stamina and strength over summer break. It promises to whip you into tip-top shape!

LYRICAL

LEVELS 4 & 5 (Ages 11-13) Wednesdays July 15 – August 19 6:00 – 7:00 p.m.

LEVEL 6 (Ages 14 +) Wednesdays July 15 – August 19 5:00 – 6:00 p.m.

Lyrical dance is a wonderful way for dancers to learn to truly express themselves as artists. We tell stories of love, sadness, friendship and hope through this genre. Lyrical is a combination of the techniques learned in ballet, jazz and modern.

CHOREOGRAPHY 101

LEVELS 5 & 6 (Ages 11 -18) Mondays July 13 – August 17 6:15-7:30 p.m.

Do you spend your free time creating your own dances, inventing new formations or imagining the light cues when you hear your favorite song? If so, this class is for you! We will learn the tricks of the trade for wowing an audience and motivating dancers as a choreographer.

POINTE

Enrollment must be approved by director. Thursdays July 16 – August 20 5:00 – 6:00 p.m



PILATES

Ages 14 +

Wednesdays July 15 – August 19 7:00-8:00 p.m.

Pilates is a series of gentle, muscle strengthening exercises formulated by Dr. Joseph Pilates in the 1920's. It is an exercise practice that uses yoga principles, and may be specifically helpful for people with back pain. The aim is to improve flexibility and strength and to create a balance in the body through stretches and breathing exercises that focus on strengthening the abdominal core.

ZUMBA

Ages 14+

Mondays July 13 – August 17 5:30 – 6:30 p.m.

Join the latest exercise craze! Zumba is a great way to get off the treadmill and rev up your exercise routine! You will learn the latest moves, let loose and burn tons of calories!

DANCE COMPANY REPETOIRE

PETITES Wednesdays July 14 – August 18 4:45 – 5:45

MINIS Tuesdays July 14 - August 18 6:00 – 6:45 p.m.

JUNIORS Tuesdays July 14 – August 18 7:15 – 8:00 p.m.

SENIORS Thursdays July 26 – August 20 7:15 – 8:15 p.m.

Dance Company dancers will learn choreography in this class – some may be used for the 2009-2010 Competition season, other pieces will be just for fun and to help develop skills of picking up choreography quickly! Wanna be a part of the team...auditions are Friday, June 26th!

